



NATURAL MEDICINE

ORGANICANN™

Visit us on the web at OrganiCann.com

MAY 2010

May 1
MAY DAY GLOBAL MARIJUANA MARCH
83 cities worldwide (Including San Francisco Civic Center)
For more information visit: globalmarijuanamarch.org

May 5
CINCO DE MAYO!

May 6
SONOMA ASA MEETING
5:00pm–7:00pm
Santa Rosa Dept. of Health
South City View Room
625 5th Street, Santa Rosa
For more information about local meetings visit: safeaccessnow.org

May 9
MOTHER'S DAY!

May 17–23
HEMP HISTORY WEEK
For more information visit: votehemp.com/hemphistoryweek

May 31
MEMORIAL DAY
All locations will be CLOSED

Daily Discounts:
TUES./THURS./SUN.
Senior Citizens and Veterans Discount
10% OFF Entire Purchase
EDIBLE WEDNESDAYS
All \$8 Edibles are 2 for \$12

EVERY FRIDAY
Students With Current Student ID 10% OFF

EVERY SUNDAY
Bring Coupon Receipts In For 10% OFF Any One Item

Hours:
Mon.–Fri., 10am–6:45pm
Sat.–Sun., 10am–4:45pm

Contact us:
info@OrganiCann.com
707.588.8811

Pure Analytics™ Cannabis Potency & Safety Screening

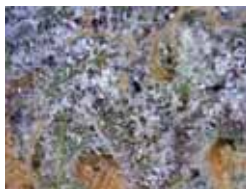


Cultivators, there's really only one way to know how potent your cannabis is, and it's not by smoking it! *Pure Analytics™* allows you to test the potency and safety of your medicine. Tetrahydrocannabinol (THC) offers stronger effects with a clear mind. Strains high in cannabidiol (CBD) are great pain relievers and studies led by *G.W. Pharmaceuticals* — and continued locally — suggest that they may also be good preventative therapy for some cancers.

It's crucial to know the concentration of cannabinoids in your product in order to administer correct dosages. More importantly, you need to be able to confirm that your cannabis is mold-free and fungus-free. This testing can be done at any of the four *OrganicCann™* locations listed below. All that we require is a three gram sample for testing and an affordable fee.

Now you can ensure your medicine is healthy and effective before you consume it!

STRAIN TALK Blue Hawaiian Indica/Sativa



The flavor and effects are so consistently exquisite, it makes this indica-dominant hybrid an *OrganicCann™ Premium Harvest* strain. The taste resembles a blend of skunk and berries that lingers from beginning to end. The plant is a heavy indica with a medium yield. Grown indoors or out, she is bushy and the vegetative cycle seems slow but is easy to enhance with *OrganicCann™ Compost Tea* or other amendments. This medicine is very potent and is recommended for night-time and for pain relief.

OrganicCann Premium Medical Cannabis can be found at the following locations:

OrganicCann 301 East Todd Road, Santa Rosa
Bayside Organics 491 Gate Five Road, Sausalito
Oakland Cannabis Institute 705 Broadway, Oakland
Hillcrest Organics 1295 University Avenue, San Diego

EDIBLE OF THE MONTH Ganja Bars



INGREDIENTS:

Medicated chocolate with M&M's, Raisinets, Skittles, or York Peppermint Pieces.

RECIPE OF THE MONTH Medicated Gluten-Free Banana Ginger Muffins

INGREDIENTS:

5 small very ripe bananas
¼ cup canna-butter, room temperature
½ tsp. vanilla extract
½ cup light brown sugar
½ cup dark brown sugar
1½ cup brown *Bob's Red Mill* rice flour
¾ cup *Bob's Red Mill* garbanzo bean flour
1 tsp. salt
1 tsp. baking soda
2 tsp ground ginger
2½ tsp. ginger, zest, divided
4 tsp. crystallized ginger, minced, divided
1½ tsp. pumpkin pie spice
Pinch fresh nutmeg

DIRECTIONS:

1. Preheat oven to 350°F and line with parchment cups or grease 2 muffin pans (12 muffins).
2. Mix the bananas and canna-butter in a food processor. Add both brown sugars and blend. Add vanilla, 2 tsp. of minced crystallized ginger and 1½ tsp. fresh ginger (zest).
3. In a separate bowl, combine the dry ingredients including the remaining ginger. Add the wet mixture to the dry mixture and stir to combine.
4. Scoop about ¼ cup of muffin mix into the muffin pans, making 9-12 muffins. Sprinkle the muffins with dark brown sugar.
5. Bake until an inserted toothpick comes out clean and the tops are golden brown, about 20-25 min.





CULTIVATING WISDOM™

301 East Todd Road, Santa Rosa
491 Gate Five Road, Sausalito

We offer a large selection of the cleanest and most sustainable cultivation products available at both locations. Books, vaporizers, equipment and supplies for all your medicating needs are available in our Sausalito location. Now featuring seminars every other Saturday from 11am-1pm at our Santa Rosa location.

Now in Southern California! Hillcrest Organics

1295 University Avenue, San Diego

Featuring OrganiCann Premium Cannabis and Cultivating Wisdom sustainable gardening supplies.

Cultivating Wisdom Seminars

May 8—Outdoor Cultivation: Part I
Selecting your method and preparing your garden.

May 22—Outdoor Cultivation: Part II
Planting and maintaining your garden.

OrganiCann
11am-1pm **FREE**

May Cultivating Tip

An old wives' tale suggests that Mother's Day is the day to start your outdoor garden. Get planting on May 9th!

CULTIVATING WISDOM'S MUST HAVE

Growilla Bud Food by Growilla Goods

Now available at both Cultivating Wisdom locations

Growilla Bud Food is a safe and simple organic-based flowering formula for indoor and outdoor use. This formula was developed with over 50 years of combined experience and knowledge using strictly the highest-quality 100% organic ingredients that are derived from both land and sea. *Growilla Bud Food* is packed full of kelp, bat guano, bird guano, earthworm castings, and all trace minerals. This 1 part formula can be used throughout the whole plant cycle, but nitrogen supplementation is necessary for the vegetative stage. This product is proudly handmade for farmers, by farmers in Northern California. Available in 5 lb., 10 lb., and 25 lb. quantities.



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Look for OrganiCann at these great summer events and festivals:

June 11-13

32ND ANNUAL HARMONY FESTIVAL

Sonoma Co. Fairgrounds, Santa Rosa
For tickets and more information visit:
harmonyfestival.com

June 19-20

1ST ANNUAL HIGH TIMES MEDICAL CANNABIS CUP

San Francisco
For tickets and more information visit:
medcanncup.com

June 26-27

SAN FRANCISCO LGBT PRIDE CELEBRATION AND PARADE

Civic Center, San Francisco
For more information about this FREE event, visit: sfpride.org

August 20-22

SEATTLE HEMP FEST

Seattle
For more information about this FREE event, visit: hempfest.org

TIP OF THE MONTH:

Prep For Outdoor Season!

DON'T FORGET THE FOLLOWING:

1. Start prepping your space in early May (i.e. condition soil, dig holes, etc.)
2. Visibly post your recommendation and/or caregiver agreement near your plants.
3. Stay within the SB 420 guidelines for growing outdoors:
 - **Sonoma County** = 100 square feet cultivation area with 30 plants or fewer
 - **Marin County** = 6 mature or 12 immature plants per qualified patient.
 - **Oakland** = 20 plants, no area limit.
 - **San Diego** = No outdoor growing is permitted except in enclosed greenhouses.

For more information on local guidelines, visit canorml.org

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